



HEALTH  
SCREENING



fastrack

MEDICAL SERVICES LIMITED



- Vision tests
- Nutritional analysis
- Spinal assessment
- Lung function and Cardiovascular assessments
- Body Mass Index and Body fat percentage
- Blood pressure
- Urine Analysis
- Bowel cancer and prostate cancer tests
- Testicular examination

## HOW DO YOU FEEL TODAY?

**Fastrack Medical Services** Health Screening packages cover all aspects of your health and wellbeing. From a top-to-toe 'MOT' to examinations and advice for a specific area, our medical experts are some of the best in the business.

Find the package that's perfect for you and get on the Fastrack to peak health.



## PEACE OF MIND

### **Imagine being able to predict the future.**

Spotting the early warning signs of serious illness can mean the difference between life and death.

Wouldn't it be rewarding to be able to do that for someone close to you? A friend, a colleague, a loved one, an employee.

For the owners of a business or a board of directors, this kind of examination doesn't just offer the luxury of self-preservation, it ensures operational consistency and prevents interruptions to business before they happen.

For individuals, it allows you to plan and care for your family in the event of an illness and could even prevent them from having to face life without you.

**Fastrack Medical Services** has been providing a wide array of medical and legal services since 1998. Our four comprehensive medical examinations - Executive, VIP, Lifestyle & Female - cover all aspects of health and wellbeing from cardiovascular checks and body mass index assessments to blood tests and cancer checks - our meticulous specialists leave no stone unturned. And because we understand that this is a sensitive issue for most people, we only use the finest doctors and hand-picked medical professionals with the highest reputations.

**Do you have responsibilities, at work or at home? Do executives, employees, a spouse or children depend on you? Then get on the **Fastrack** to a clean bill of health.**

## VIP

If you don't want to take any chances with your health, our VIP package provides our most all-encompassing assessment, placing additional emphasis on your cardiovascular health. It includes the same comprehensive evaluation as our Executive package, with specialist examinations and tests, but we'll also give you an exhaustive cardiovascular check-up, advising you on potential risks and lifestyle changes that will help you.



### What's included?

- ◆ Full medical history and lifestyle questionnaire
- ◆ Height & weight measurements
- ◆ Body Mass Index
- ◆ Body fat percentage
- ◆ Waist to hip ratio
- ◆ Body Composition Index
- ◆ Hydration Levels
- ◆ Urine Analysis
- ◆ Blood biochemistry and haematology profile
- ◆ Blood, glucose and cholesterol measurement
- ◆ Vision tests
- ◆ Nutritional analysis
- ◆ Spinal assessment
- ◆ Lung function test
- ◆ Physiological resilience to stressors test
- ◆ Blood pressure
- ◆ Rest ECG & **Exercise ECG**
- ◆ Cardiovascular risk score
- ◆ Dynamic Cardiovascular Assessment
- ◆ Chest x-ray (if required)
- ◆ Bowel cancer test (aged 45+)

### Additional checks for female clients:

- ◆ Breast examination
- ◆ Pelvic examination
- ◆ High vaginal swab (if required)
- ◆ Thyroid stimulating hormone blood test (aged 50+)
- ◆ Mammography (where purchased, appropriate for those aged 40+)

### Additional checks for male clients:

- ◆ Testicular examination
- ◆ Prostate cancer blood test

To speak to one of our helpful advisors about the VIP package, call **Fastrack** now on **0161 925 4803**.



## EXECUTIVE

Choose our Executive package and benefit from a thorough health assessment that covers all perspectives. Using the most up-to-date technology, our specialist health professionals will help you identify health issues and advise on treatment or lifestyle changes accordingly. And if you have any questions at all about your wellbeing, this is your opportunity to talk to an expert and get the answers you need.

### What's included?

- ◆ Full medical history and lifestyle questionnaire
- ◆ Height & weight measurements
- ◆ Body Mass Index
- ◆ Body fat percentage
- ◆ Waist to hip ratio
- ◆ Body Composition Index
- ◆ Hydration Levels
- ◆ Urine Analysis
- ◆ Blood biochemistry and haematology profile
- ◆ Vision tests
- ◆ Blood, glucose and cholesterol measurement
- ◆ Nutritional analysis
- ◆ Spinal assessment
- ◆ Lung function test
- ◆ Physiological resilience to stressors test
- ◆ Blood pressure
- ◆ Rest ECG
- ◆ Cardiovascular risk score
- ◆ Chest x-ray (if required)
- ◆ Bowel cancer test (aged 45+)

### Additional checks for female clients:

- ◆ Breast examination
- ◆ Pelvic examination
- ◆ High vaginal swab (if required)
- ◆ Thyroid stimulating hormone blood test (aged 50+)
- ◆ Mammography (where purchased, appropriate for those aged 40+)

### Additional checks for male clients:

- ◆ Testicular examination
- ◆ Prostate cancer blood test

To speak to one of our helpful advisors about the Executive package, call **Fastrack** now on **0161 925 4803**.

## LIFESTYLE

Lifestyle, our introductory-level package, is designed to give you complete peace of mind when it comes to your health and wellbeing. Our specialists will assess all your key indicators to spot the signs of illness before they develop and give you an accurate assessment of your health, along with recommendations and advice to deal with any of the potential issues they might discover.



### What's included?

- ◆ Full medical history and lifestyle questionnaire
- ◆ Height and weight measurements
- ◆ Body Mass Index
- ◆ Body fat percentage
- ◆ Waist to hip ratio
- ◆ Body Composition Index
- ◆ Hydration Levels
- ◆ Urine Analysis
- ◆ Blood, glucose and cholesterol measurement
- ◆ Nutritional analysis
- ◆ Spinal assessment
- ◆ Measurement of physiological resilience to stressors
- ◆ Blood pressure
- ◆ Assessment of fitness level
- ◆ Cancer prevention awareness

## FEMALE

Our Female package is a tailored specifically for the unique medical conditions that women potentially face throughout their lives. Female health specialists carry out a comprehensive set of examinations and tests to identify the early signs of health

problems. If you have dependants, just a few simple procedures could highlight underlying issues early enough to undergo effective treatment, or simply to put your mind at ease.

### What's included?

- ◆ Focused medical history & lifestyle questionnaire
- ◆ Height & weight measurement
- ◆ Body Mass Index
- ◆ Urine analysis
- ◆ Blood haematology profile, blood glucose and cholesterol measurement
- ◆ Blood pressure measurement
- ◆ Breast examination
- ◆ Pelvic examination and cervical smear
- ◆ High vaginal swab (if required)
- ◆ Thyroid stimulating hormone blood test (aged 50+)
- ◆ Mammography (where purchased, appropriate for those aged 40+)

To speak to one of our helpful advisors about the these packages, call Fastrack now on 0161 925 4803.

- Vision tests ✓
- Nutritional analysis ✓
- Spinal assessment ✓
- Lung function and Cardiovascular assessments ✓
- Breast examination and mammography ✓
- Body Mass Index and Body fat percentage ✓
- Blood haematology profile, blood pressure blood glucose and cholesterol measurement ✓
- Urine Analysis ✓
- Pelvic examination and cervical smear tests ✓



## HOW DO YOU FEEL TODAY?

**Fastrack Medical Services** Health Screening packages specialise in women's health issues and offer a bespoke package that covers all the potential health risks faced by women today. Our specialists are hand-picked to ensure that every client get a personal service with a sensitive approach.

Don't leave it to chance - choose Fastrack and keep health problems at bay.



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MEDICAL SERVICES LIMITED

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